

**Module: Personality and Individual Differences**  
**GSSR Doctoral School 2022/23**  
**Institute of Psychology, Polish Academy of Sciences**

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Summer semester

10 hours (5 meetings, starting on 28<sup>th</sup> of February 2023)

Tuesdays, 15:30-17:00

**Aim of the course:** Review of selected issues related to personality psychology and individual differences.

**Assessment criteria:**

A multiple-choice test result will serve as a grading tool. There will be 12 questions addressing course topics. Additionally, there will be short quiz questions during the classes. Each question will have a cafeteria of 4 alternatives with only one correct answer. The scores from the final test and the quizzes will be summed up for the total score for the module. Final grades will be based on students' scores.

Participation in the classes is mandatory. One absence is acceptable.

**Topics:**

1. General introduction to personality theory and models: What is personality? Selected historical and contemporary approaches to personality (dynamic, structural, integrative, crisis of personality models); trait theories vs. alternative paradigms.
2. Selected explanatory models of personality: cognitive, social-cognitive, evolutionary, and developmental approaches.
3. Selected trait models: what are traits, what they can and cannot tell us about a person
4. Personality and individual differences: temperament, affect, regulative processes

*Literature:*

- Baumeister, R.F., & Vohs, K. D. (2011). *Handbook of self-regulation. Research, theory, and applications*. 2<sup>nd</sup> ed. New York: The Guilford Press.
- Corr, P. J., Matthews, G. (2020). *The Cambridge Handbook of Personality Psychology*. 2<sup>nd</sup> ed. Cambridge University Press.
- Fajkowska, M., & DeYoung, C.G. (Eds.). (2015). *Journal of Research in Personality. Special Issue on Integrative Theories of Personality*, 56. USA: Elsevier.
- Fajkowska, M., & Kreitler, S. (2018). Status of the trait concept in contemporary personality psychology: Are the old questions still the burning questions? *Journal of personality*, 86(1), 5-11.
- Watson, D. (2000). *Mood and temperament*. New York: The Guilford Press.