

Module: Personality and Individual Differences

GSSR Doctoral School 2023/24

Institute of Psychology, Polish Academy of Sciences

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Summer semester

10 hours (5 meetings, starting on 20th of February 2024)

Tuesdays, 10:30-12:00, IPPAN (Jaracza 1) conference room, face-to-face

Aim of the course: Review of selected issues related to personality psychology and individual differences.

Course format: Lecture with interactive elements. Students will be required to prepare short presentations (and present them in class) related to various personality psychology approaches, theories, and/or methods. The presentations will be a starting point for discussions.

Course materials will be available on the Classroom platform, and details will be given on the first meeting.

Assessment criteria:

A multiple-choice test result will serve as a grading tool. There will be 12 questions addressing course topics. Additionally, there will be short quiz questions during the classes. Each question will have a cafeteria of 4 alternatives with only one correct answer. Additionally, points will be given for the class presentations. The scores from the presentation, final test, and the quizzes will be summed up for the total score for the module. Final grades will be based on students' scores.

Participation in the classes is mandatory. One absence is acceptable.

Topics:

1. General introduction to personality theory and models: What is personality? Selected historical and contemporary approaches to personality (dynamic, structural, integrative, crisis of personality models); trait theories vs. alternative paradigms.
2. Selected explanatory models of personality: cognitive, social-cognitive, evolutionary, and developmental approaches.

3. Selected trait models: what are traits, what they can and cannot tell us about a person
4. Personality and individual differences: temperament, affect, regulative processes

Reading list will be provided at the start of the course.